

Womentoring

*Women mentoring Women
or How to Pay it Forward*

June 7, 2019



Agenda

- ◎ My Background
- ◎ Definitions
- ◎ Old School Mentoring
- ◎ Womentoring
- ◎ How to Get Started
- ◎ Personal Mentoring Stories

My Background

- ◎ Hispanic Family
- ◎ Federal Government
- ◎ Ed Carlin
- ◎ UNM
- ◎ IT Career
- ◎ Dave Harkness
- ◎ Pay it Forward

What is a Mentor?

men-tor (men-tawr, -ter)

noun

1. Wise and trusted counselor or teacher
2. An influential senior sponsor or supporter.

Old School Mentoring

- ◎ More men in leadership roles
- ◎ Good old boy network
- ◎ Protégé – mini me
- ◎ Think like a man
- ◎ Golf course, Cigars



Womentoring

- ⦿ Women mentoring women
- ⦿ More about learning than power
- ⦿ Can be more organized
- ⦿ Great commitment
- ⦿ Longer mentor relationships
- ⦿ Supporting other women in realizing goals & dreams

I love it when women love themselves. I love it when women are learning to love themselves. I love it when women inspire other women to love themselves.
~Unknown

Mentor Roles

- ⦿ Teacher
- ⦿ Problem solver
- ⦿ Motivator
- ⦿ Coach
- ⦿ Guide

“If you don’t know where you’re going, you won’t know how to get there.”

Mentee Roles

- ⦿ Learner
- ⦿ Decision maker
- ⦿ Initiator
- ⦿ Goal setter
- ⦿ Risk taker

“If you want to increase your success rate, double your failure rate” Thomas Watson, founder of IBM

How to Get Started



Mentor Yourself

- ◎ Set achievable goals
- ◎ Take classes, webinars, podcasts
- ◎ Self-help books
- ◎ Participate in business/work organizations
- ◎ Observe others
- ◎ Toot your own horn
- ◎ Document your accomplishments

Ask Someone to Mentor You

- ◎ Formal
- ◎ Informal
- ◎ Schedule lunch dates
- ◎ Be Open to the Possibilities
 - ◎ Listen - what can I learn?
 - ◎ Be open to the feedback you receive

Look for Informal Mentoring Opportunities

- ◎ Networking Meetings
- ◎ Coworkers
- ◎ Staff
- ◎ Friends
- ◎ Search for people who are achieving in your area of interest

Use Online Mentors

- ◎ MaryFoley.com
- ◎ JohnMaxwell.com
- ◎ FindAMentor.com
- ◎ Micromentor.org

Be a Mentor

- ◎ MentorNet.net (*a non-profit e-mentoring organization focused on women & underrepresented minorities in STEM fields*)
- ◎ UNM STEM Mentoring Program
- ◎ Coworkers and peers
- ◎ Networking acquaintances
- ◎ College graduates/Interns

Mentor Young Women

- ◎ YWCA Youth Empowerment
- ◎ NM Tech Council WIT Scholars
- ◎ Girls, Inc.
- ◎ Albuquerque Reads
- ◎ Big Brothers/
Big Sisters



Personal Mentoring Stories

- ◎ Someone who made a difference in your career
- ◎ Someone you positively impacted through mentoring

Pay it Forward as an Approach to Life!

Thank You

Questions?

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